



## Proclamation

## **National Senior Center Month**

WHEREAS, older adults are opting to "age in place" and live in their own home independently and safely without losing their quality of life and Senior Centers are undoubtedly an invaluable part of that process; and

**WHEREAS**, Senior Centers serve as a community hub for older adults, connecting them to indispensable services to maintain and elevate wellbeing through a combination of life engagement and both cognitive and physical stimulation; and

**WHEREAS**, Senior Centers can help combat depression and without a doubt improve a person's wellbeing; and

**WHEREAS**, Senior Centers focus on the importance of social connection and lifelong learning; and

WHEREAS, Senior Centers are important because intergenerational members of the community can come together to promote a positive image of aging as we all grow older; and

**WHEREAS**, Senior Centers promote health, economic security, and social engagement with meaningful senior programs and resources.

**NOW, THEREFORE,** I, Damien Boley, Mayor of the City of Smithville do hereby proclaim September 2025 as Senior Center Month. This year's theme for National Senior Center Month is "Powering Possibilities: Flip the Script".

Dated this 19th da	ay of August	2025.
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Damien Boley, Mayor